



SUMMER CAMP JULY 2018 MENU

2% Milk, or 100% Juice or 8 oz. Water offered every day

Mon	Tue	Wed	Thu	Fri
2 Chicken Burger Salad Sliced Oranges	3 All Beef Hot Dogs Chips Baked Beans Fruit	4 CLOSED	5 Nachos—Chicken/Beef Carrots Oranges	6 Pancakes Scrambled Eggs Fruit or Yogurt
9 Spaghetti w or w/o Meatballs Salad Peaches	10 Tortellini w/Chicken Broccoli Watermelon or Fruit	11 Sack Lunch FT Ham & Cheese Sandwich Cheese Its Granola Bar Applesauce	12 Corn Dog Tater Tots Carrots Sliced Apple	13 Pizza Bread Salad Pineapple or Fruit
16 Chili Fritos Salad Sliced Oranges	17 French Toast Sausage Yogurt or Fruit	18 Sack Lunch FT Turkey & Cheese Sandwich Fruit Snack Chips Apple	19 All Beef Hot Dog with or w/o Chili Broccoli/Carrots Watermelon or Fruit	20 Chicken Tenders Tater Tots Sliced Apples
23 Quesadilla—Chicken or cheese Carrots Mandarin Oranges	24 Pulled Pork Sandwich Baked Beans Watermelon or Fruit	25 Ham & Cheese Sandwich Chips Granola Bar Fruit Leather	26 Spaghetti w/red or white sauce Garlic Bread Salad Peaches	27 Chicken w/Gravy Mashed Potatoes Salad Sliced Apples
30 Pizza Bread Salad Pineapple or Fruit	31 Pancakes Scrambles Eggs Fruit or Yogurt		Note: Chocolate Milk available most days Fruit—alternate always available	